

<u>Soup & Salad</u>	
<i>*w/Ginger dressing</i>	
Miso soup	3.00
Clear Soup	3.00
Shumai Soup	4.95
Garden salad*	4.50
Sogo special salad*	8.50
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>	
California salad*	8.50
<i>Crab meat, avocado & romaine lettuce</i>	
Seaweed salad	6.95
Kani salad	7.50
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>	
Avocado Salad*	7.95
<i>Avocado & romaine lettuce</i>	

<u>Appetizer</u>	
Hibachi Noodle	6.95
Edamame	6.95
Gyoza /Vegetable Gyoza	6.95
<i>5 pcs. pan fried pork or vegetable dumpling</i>	
Shumai	7.50
Harumaki	6.95
<i>vegetable crispy spring roll</i>	
Rock Shrimp	12.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>	
Agedashi Tofu	6.95
Chicken Teriyaki	9.95
Yam Yam Noodle	8.95

<i>Stir fry vegetable yam noodle **Gluten free**</i>	
Tempura	11.95
<i>Shrimp & vegetable</i>	
Seafood Taco	12.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>	
Tuna Tataki	14.95
<i>seared pepper tuna</i>	
Treasure Island	14.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>	
Tako Su	14.95
<i>Octopus, and cucumber w/ ponzu sauce</i>	
Yellowtail Jalapeno	14.95
<i>Yellowtail sashimi with special jalapeno sauce</i>	
Salmon Pizza	15.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$1)</i>	
Crispy Spicy Tuna Dumpling	12.95
<i>Spicy tuna, wrapped in wonton skin</i>	

**Please notify an employee if you have any food allergies **

<u>Special Rolls</u> **Cooked**	
* Sogo Special	14.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>	
* Black Pearl	13.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i>	
* Red Bank Roll	16.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado & tobiko (or Shrimp tempura inside \$14.95)</i>	
* Golden Roll	13.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>	
* Dragon Roll	14.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>	
* Veggie Dragon	9.50
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>	
* Sakura Roll	14.95
<i>Hot crunch crab topped w/cooked shrimp & avocado</i>	
* Summer Roll	13.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>	
* Shiitaki Roll	12.95
<i>Mix vegetable topped with grilled Shiitake mushroom</i>	
* Lava Roll (Baked)	14.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>	
* Lobster Roll	16.95
<i>Spicy cooked shrimp and cucumber topped with Maine lobster meat and avocado</i>	
* Iris Roll	11.95
<i>Mix vegetable top with Purple Yam</i>	
* Meadow Roll GF add salmon \$4.00	11.95
<i>Avocado, cucumber, asparagus, oshinko, mango , lemon, pickled ginger wrap in soy paper</i>	
* Emerald Roll (no rice)	14.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrap in soy paper topped with crunchy crabstick</i>	
* Aburi (flame seared) Roll *new roll*	14.95
<i>Crab stick tempura, avocado, cucumber topped with torched white fish, eel sauce and scallion.</i>	
* Blaze Salmon Roll *new roll*	14.95
<i>Avocado, cucumber and cream cheese top with torched salmon, caramelized soy sauce</i>	
<u>Special Rolls</u> **Raw**	
* Orchid (no rice)	15.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari & tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>	
* Diamond	14.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>	

* Ruby	14.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>	
* Spicy & Spicy	13.95
<i>Spicy tuna, avocado topped w/spicy crabmeat and spicy mayo.</i>	
* Alaska Beauty	13.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon</i>	
* Candy Cane	14.95
<i>Red and white tuna striped on top of spicy tuna .</i>	
* Fantastic	14.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>	
* Salmon Lover	13.95
<i>Salmon, smoked salmon & avocado w/eel sauce & spicy mayo</i>	
* Rainbow	14.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>	
* Naruto	14.95
<i>Tuna, salmon, yellowtail & avocado wrapped in cucumber</i>	
* Hana Roll	13.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>	
* Fire Island	14.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno & chili sauce</i>	
* Yuzu Roll	14.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>	
* Tropical Roll *new roll*	14.95
<i>Spicy salmon, mango, jalapeno, cilantro topped w/salmon and avocado</i>	
* Yummy Roll	14.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>	
* Phoenix Roll	14.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>	
* Blossom Roll	14.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>	
* Rocking Roll	14.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>	
* Dahlia Roll	14.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest</i>	
* Spring Mist Roll	14.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>	
* Sumo Roll	16.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>	

<u>Dinner</u>	
<i>Served w/ soup</i>	
* Sushi Regular	22.95
<i>8 pcs. assorted sushi and tuna roll</i>	
* Sushi Deluxe	26.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
* Sashimi Dinner	28.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
* Sushi Sashimi Combination	30.95
<i>6 pieces of assorted sushi and 10 pcs. assorted sashimi w/spicy tuna roll</i>	
* Maki Combination	19.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
* Tempura Maki	19.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
* Chirashi	24.95
<i>Assorted sashimi over brown rice</i>	
* Tuna Lover	25.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
* Sogo Delight	25.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
* Vegetable Maki	17.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
* Sushi for Two	51.95
<i>14 pcs. of assorted sushi, Fantastic roll & eel special roll</i>	
* Sushi/Sashimi for Two	69.95
<i>8 pcs. of sushi, and 12 pcs of assorted sashimi, Sogo special roll and Hana roll</i>	

<u>Poke Bowl</u>	
* Sogo Poke	15.95
* Rose Poke	15.95
<i>**Cauliflower rice add \$2.00</i>	

Entrees

*served w/miso soup and bowl of brown rice

Hibachi Chicken/Shrimp/Beef	19.95/25.95/26.95
Crispy Hibachi Tofu	16.95
(Hibachi comes with fried rice)	
Veggie Delight	16.95
Eggplant, string bean & zucchini	
(add shrimp or tofu or chicken extra)	
Beef/Salmon or Shrimp Teriyaki	26.95/25.95
Chicken Teriyaki	19.95
Tempura (shrimp & vegetable.)/(veg)	18.95/15.95
Fried Brown Rice (chicken or veg) /(Shrimp or beef)	
	14.95/15.95
Stir Fry Udon (chicken or veg)/(shrimp or beef)	15.95/17.95
Hibachi Noodle w/Chicken	15.95
Shrimp Tempura Udon Soup	16.95
Yaki Soba (buckwheat noodle)	17.95/15.95
Stir fry soba w/choice (shrimp, beef.)/(chicken or Vegetable)	
Lemon Grass Chicken/Beef or Shrimp	19.95/25.95
Stir fry shrimp or beef ,basil, mango with vegetable	
Bento Box (pick one roll from Maki roll*, harumaki and kani salad)	
Box A Chicken Teriyaki	22.95
Box B Salmon Teriyaki	26.95

Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	3.50	8.95
Yellowtail (Hamachi)	3.50	8.95
White tuna	3.50	8.95
Salmon (Sake)	3.50	8.95
Fluke (Hirame)	3.50	8.95
Striped Bass (Suzuki)	3.50	8.95
Red snapper (Tai)	3.50	8.50
Mackerel (Saba)	2.95	6.95
Smoked Salmon	3.50	8.95
Flying Fish Roe (Tobiko)	4.50	4.50*
Salmon Roe (Ikura)	6.50	6.50*
Eel (Unagi)	3.50	8.95
Octopus (Tako)	3.50	8.95
Scallop (Hotategai)	4.50	8.95
Shrimp (Ebi)	2.95	5.95
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.95	6.95
Bean Curd (Inari)	2.00	4.50

* per pierce

Roll or Hand Roll

Cooked Roll
Boston
California
Eel Cucumber or avocado
Eel Special (Eel, avocado, cucumber, and fish roe)
Hot Crunch Crab Roll
Cooked Salmons w/avocado
Salmon Skin Roll
Shrimp Tempura w/ avocado
Chicken Tempura w/avocado
Spicy Cooked Shrimp w/cucumber
Spider Roll Soft shell crab, avocado, and fish roe
Mango Roll cooked shrimp, mango, avocado
Real Crab California Roll
Raw Roll
Alaska (Salmon, avocado, & cucumber w/ fish roe)
Philadelphia (Smoked salmon w/cream cheese)
Red Snapper
(red snapper w/chili sauce, fish roe, cilantro & avocado)
Salmon Avocado or Tuna Avocado
Tuna Roll or Salmon Roll
Peppered Tuna (pepped tuna, mango, avocado)
Spicy Crunch (tuna, salmon, or yellowtail)
Spicy Salmon or Spicy Tuna w/avocado
Spicy Salmon or Spicy White Tuna w/ Jalapeno
Yellowtail w/ Jalapeno
Spicy Scallop w/ Jalapeno or Avocado
Spicy Yellowtail w/ scallion
Yellowtail w/scallion
Vegetarian Roll
Asparagus or Cucumber
Avocado or Avocado & Cucumber
Sweet potato tempura
Avocado Mango
Mix Vegetable (avocado, Cucumber and asparagus
Tofu Roll (seasoning bean curd and baby spinach)
Garden Roll
(bell pepper, avocado, asparagus wrap w/soy bean paper)
Sunflower Roll (Sweet potato, avocado & cream cheese)
Spirit Roll (lemon, avocado & cucumber)
Veggie Dragon
Avocado & peanuts
Shiitaki Roll
Iris Roll (mix vegetable top w/purple yam)
Meadow Roll

Lunch Menu 11:30am — 2:30pm

Served w/soup		
Sushi Bar Lunch		
Sushi Regular		14.95
6 pieces sushi and one California roll		
Sushi Deluxe		16.95
8 pieces sushi and one spicy crunch tuna roll		
Sushi/Sashimi Combo		18.95
4 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll		
Sashimi Lunch		16.95
Assorted fresh fish served w/ bowl of brown rice		
Maki Roll Lunch		
(Any two rolls 13.50 Any three rolls 16.50)		
Cooked		
California roll	Hot crunch crab roll	
Shrimp tempura roll	Sweet potato tempura roll	
Avocado cucumber roll	Spicy cooked shrimp roll	
Salmon skin roll	Eel cucumber or avocado	
Chicken Tempura	Avocado & peanuts	
Raw		
Salmon avocado		
Tuna avocado roll	Spicy crunch tuna roll	
Spicy crunch salmon roll	Spicy salmon avocado roll	
Spicy salmon w/ jalapeno roll	Yellowtail with scallion	
Red snapper roll (red snapper w/chili sauce, fish roe, cilantro & avocado)		
Bento Box		
Pick one roll from Maki roll lunch, Vegitable spring roll, soup & Kani salad		
Box A	Chicken Teriyaki	\$14.95
Box B	Salmon Teriyaki	\$16.95
Lunch Entrees		
served w/soup,and brown rice		
Hibachi Chicken (with fried rice)		12.95
Veggie Delight		9.95
Chicken Teriyaki		10.95
Salmon Teriyaki		13.50
Shrimp & Vegetable Tempura		10.95
Stir fry udon choice of chicken or vegetable		11.95



Sogo Sushi

Mon - Thu 11:30-2:30 4:30-8:30

Fri 11:30-2:30 4:30-9:00

Sat 12:00-2:30 4:30-9:00

60 Monmouth St

Red Bank , NJ 07701

Tel: 732-5309688

Fax:732-5309689

www.sogosushi.com

Delivery/Pick up

**The prices are subject to change without prior notice



NEW Roll

Aburi (flame seared) Roll

Crab stick tempura, avocado, cucumber topped with seared white fish, eel sauce and scallion.



Tropical Roll

Spicy salmon, mango, jalapeno, cilantro topped w/salmon and avocado



Blaze Salmon Roll

*Avocado, cucumber, cream cheese top
with torched salmon, caramelized soy sauce*



Meadow Roll (no rice) GF

*Avocado, cucumber, asparagus, oshinko,
mango, lemon, pickled ginger wrap in soy
paper*

Poke Bowl



Sogo Poke

\$ 15.95

Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice

***cauliflower rice add \$ 2.00*



Rose Poke

\$ 15.95

Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice

***cauliflower rice add \$ 2.00*